



Finding the Right  
P.I.T.C.H.®

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THE **T**EMPORAL ENVIRONMENT

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Presenters



Tamar Andrews, EdD  
Professor



Lindsay Astor Grant, MA, OTR/L  
Owner, Learning Redesigned

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Overview of the Four  
Classroom Environments

- Physical Environment
- Interpersonal Environment
- **Temporal Environment**
- Curricular Environment
- Harmony

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**Benefits of a Balanced Classroom**

- Fostering Engagement
- Promoting Well-Being
- Encouraging Development



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**Temporal Environment**

Management of daily structure and time:

Routines    Activities    Transitions

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**Who controls the time?**

**Sheriffs vs. Outlaws**



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### The Temporal Environment Promotes...

- Social and Emotional development
- Independence skill building
- Language development
- Cognitive skill development
- Healthy habits




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Think about  
your daily  
schedule...

Calculate the number of minutes spent in:

- Circle times
- Centers (free play)
- Outdoors
- Transitions
- Meals
- Other

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How many minutes per day are spent on activities that are...?

TEACHER-DIRECTED



CHILD-LED



vs.

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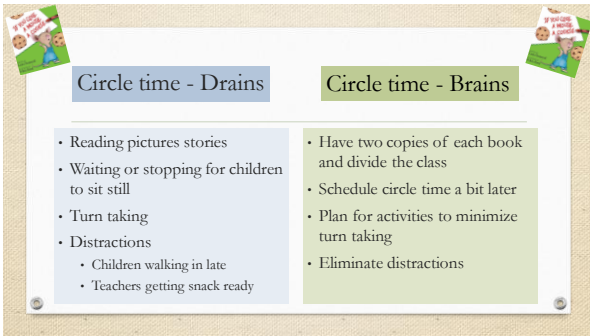
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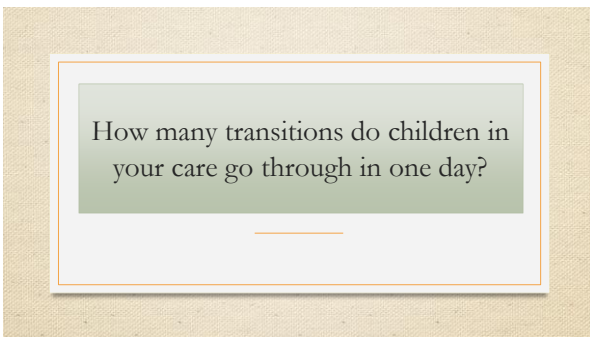
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### Transitions

- From one physical location to another
- From one activity to another
- From one heart rate level to a different one
- From one teacher to another
- From preferred activities to non-preferred
- From awake to sleep or vice versa
- From hunger to satiation
- From heated areas to cooler areas or vice versa
- From anxiety to calm and vice versa
- From small groups or individual work to large groups
- From construction to destruction
- From home to school and vice versa
- From instant gratification to delayed gratification

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### Effective Time Management in Classrooms

- Create Well-Planned Schedules
- Balance Routines and Flexibility
- Smooth Transitions



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### Creating Daily Schedules

Balance structured and unstructured time

Consistent routines and allow flexibility

Account for transition times

Engage children in the planning process!



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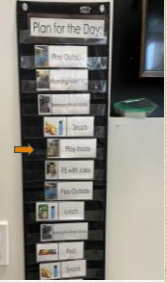
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**Visual Schedules**

- Vertical format
- Real pictures
- Pair with language
- Hung at child's eye level
- Visual marker to demote current activity block



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**Smooth Transitions**

- Create a Plan
- Consider Varied Needs of Students
- Transition Cues

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**Top 10 Tools for Successful Transitions**

- Visual schedules
- Visual timers (with verbal preparation)
- Concrete, single-step directions
- Use supportive words and kind demeanor when kids need encouragement
- Use music and games for children to move through transitions with joy
- Decrease waiting time for other children
- Designate space for unfinished work
- Be flexible with schedule
- Find a friend to move through transitions together
- Plan for transitions as you would plan for activities

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Allow	Allow breaks
Reference	Reference daily schedule
Create	Create portable schedules
Limit	Limit transitions across the day and within an activity
Teach and practice	Teach and practice what are the expectations

### Supporting Challenges to the Schedule

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### Harmony in the Temporal Environment

- Reduce frustration by allowing ample time to complete activities
- Provide alternative activities for early finishers
- Consider needs of all learners
- Visual supports
- Plan, plan, plan...



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### Find Your PITCH

- Physical Environment
- Interpersonal Environment
- Temporal Environment
- Curricular Environment
- Harmony



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**Contact Information**

Lindsay Astor Grant, MA, OTR/L	Tamar Andrews, EdD
<a href="mailto:lindsayastor@gmail.com">lindsayastor@gmail.com</a>	<a href="mailto:tamarandrews43@gmail.com">tamarandrews43@gmail.com</a>
<a href="http://www.learningredesigned.org">www.learningredesigned.org</a>	

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