



## **Brain-SET Environments Formula™ Professional Development and Training Overview Dr. Kathryn Murray**

The Brain-SET Environments Formula is a full pedagogical approach to learning developed by Dr. Kathryn Murray. It is rich in research and focuses on designing an early childhood learning environment that harmonizes with the development of a young child's brain.

Learning more about Brain-SET can take on many forms, depending on the needs of the participants. Here are 3 ways to learn more about Brain-SET.

### **The Brain-SET Environments Formula Overview:**

This is a 2 hour face to face or online overview provides general Brain-SET understandings.

1. This session presents key understandings of three levels of the brain. The S.E.T. part of Brain-SET. The Survival, Emotional and Thinking parts of the brain and how they must harmonise to facilitate calm thinking. Understanding the brain's response to trauma and how the environment can help support calm development is shared in this first part of the session.
2. The key design features that include the 3 Pillars of Design and 16 Design Elements to be incorporated in the learning environment will be explained. These features will be exemplified by classroom images as a catalyst for discussion.
3. Interactive discussion of teaching contexts sets the grounding for developing a personal plan for implementation. This will be an outcome of the session.

### **Brain-SET Environments Formula Full Staff Training:**

This is a 12 hour face to face or online comprehensive Brain-SET training program.

1. Deep dive into the needs of the brain elaborating on the S.E.T. areas that what that means for teachers designing the learning environment.
2. Unpicking the 3 Pillars of Design and 16 Design Elements with discussion and solution finding for personal contexts.
3. Classroom transformations with guided changes working with teachers and Dr. Murray.
4. Exploration of pedagogical approaches to teaching in the Brain-SET way that includes the planning process, evaluation of children's learning, language and questioning strategies to use with children, facilitation of learning based on interests and playful interactions. Facilitation of deep learning and behavior support strategies.
5. Graduate as a certified Brain-SET Teacher, recognised globally.
6. This training program can be adapted and offered as a 4 module online training course.

## Executive Brain-SET Training Program:

Become a Globally recognised Brain-SET trainer.

This program is designed to train the Brain-SET trainer to guide learning globally and is comprised of 2 Levels. Becoming a Brain-SET trainer is not for everyone and an application process applies.

### Level 1 – the Brain-SET Content:

Over 10 hours, trainers take an in depth look at the background, research and content of the Brain-SET Environments Formula. Methods used to share Brain-SET with teachers are demonstrated and discussed using a supportive and step-by-step approach.

#### Modules include:

1. Understanding the brain in readiness for Brain-SET
2. Linking the brain and environment to the 3 classroom Brain-SET pillars
3. Analysing photos and examples of classrooms using a Brain-SET lens
4. Teacher practices that align to Brain-SET philosophy
5. Logistics of setting up the Brain-SET classroom spaces
6. Brain-SET planning/assessment and behaviour management

### Level 2 – Business Brain-SET + Mind-Set:

Brain-SET Business strategies. Learning the mechanics of being a Brain-SET business owner and deliver this program. Learn from scratch or add to your existing business by following a specific formula with input from guest speakers.

#### Modules:

1. The survey approach to begin the conversation – f2f or online
2. Brain-SET proposal writing for early learning centres
3. Fee development and Mind-Set changes (money coaching guest speaker)
4. Finding and maintaining Brain-SET clients
5. The paperwork to use – contracts, agreements and more provided for you
6. The importance of emotional intelligence and management of self and others
7. Strategies to use when teaching adults – supporters or hecklers

Upon graduation, Brain-SET Executive Trainers become part of the Brain-SET community. Dr. Murray shares her intellectual property, PowerPoint slides, documentation and support to help each trainer establish themselves as a confident and successful advocate of Brain-SET nationally and internationally. Monthly team meetings are held to discuss recent and relevant research, questions and training events. The team supports each other as a collective. When one trainer is successful, we are all successful.

Like to know more? Please, contact Kathryn.

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Or book a 30 minute chat using this calendar link:

<https://calendly.com/futurestrongeducation/30min>

W: [www.brainsetformula.com](http://www.brainsetformula.com) [www.futurestrongeducation.com](http://www.futurestrongeducation.com)

