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Poll Perspectives

From what perspective do you participate in coaching?
(Choose all that apply)



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Creating a Common Construct

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HARC: National Home Visiting Resource Center

Home visiting a service delivery model where a support person provides **support, guidance, coaching, or serves** to connect families to needed resources and/or services.

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Clarification



- Coaching is**
- ✓ Client-driven
 - ✓ Development with a partner
 - ✓ Individualized
 - ✓ Focused on strengths & abilities
 - ✓ Present day and future focused

- Coaching is not:**
- ≠ An expert solving a problem
 - ≠ Structured training
 - ≠ One-size-fits-all approach
 - ≠ Therapy
 - ≠ Evaluative



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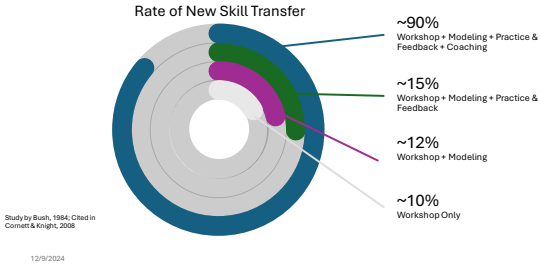


Coaching:

- to improve the lives of families
- to shape behavior
- to improve life outcomes
- to change trajectories
- to improve quality of life

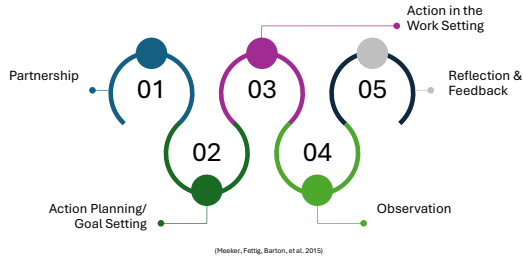
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Impact of Coaching on Implementation



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Coaching Components and Strategies



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Frequency of Coaching Strategies

Table 4. Frequency of Coaching Strategies Used Across the Studies.

Coaching strategies	Yes	No	Unclear
Collaborative progress monitoring	19 (38.8%)	28 (57.1%)	2 (4.0%)
Intentional focus on relationships	6 (12.2%)	38 (77.6%)	5 (10.2%)
Live model	13 (26.5%)	30 (61.2%)	6 (12.2%)
Video model	8 (16.3%)	39 (79.6%)	2 (4.1%)
Video self-reflection	7 (14.3%)	41 (83.7%)	1 (2.0%)
Role-play	2 (4.1%)	44 (89.8%)	3 (6.1%)
Practice of new skills	15 (30.6%)	30 (61.2%)	4 (8.2%)
Ongoing use of action plan	16 (32.7%)	31 (63.6%)	2 (4.0%)
Performance feedback	42 (85.7%)	3 (6.1%)	4 (8.2%)
Intentional planning for practice between sessions	27 (55.1%)	18 (36.7%)	4 (8.2%)
Use of manual	26 (53.1%)	19 (38.8%)	4 (8.2%)
Help with instructional materials	10 (20.4%)	35 (71.4%)	4 (8.2%)

Meelex, Fetting, Barton et al. 2015

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Partnership Principles



Knight, 2011
12/9/2024

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Actions of Good Coaches

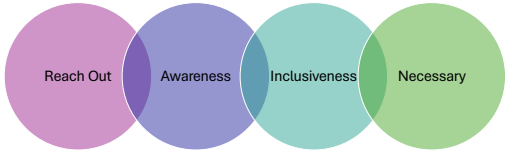


Knight, 2011
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RAIN Actions

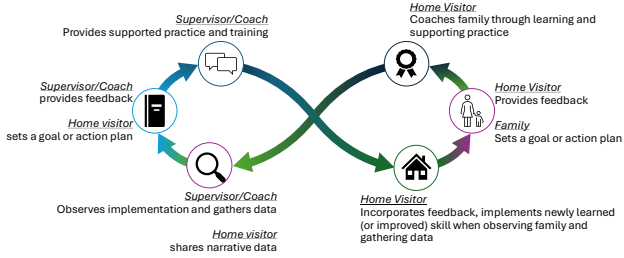


Bass & Mason, 2024
12/9/2024

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The Parallel Process



Haring & Rau, 2024
12/9/2024

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Poll Challenging

What are the two most challenging concerns for home visitors?
(Choose two)



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Poll Motivators

What maintains motivation in home visitors?
(Choose the top three)



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What is Hope?

Hope is the belief the future can be better and that a person has a role in pursuing that future.

Hope is based upon three concepts:

- Goals/Vision
- Willpower//Motivation
- Pathway



Hope is one of the strongest predictors of well-being

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Dreams & Goals

A dream written down with a date becomes a goal.

A goal broken down into steps becomes a plan.

A plan backed by action makes your dreams come true.



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Poll Inspirations

What are some visions for professional development or professional support of home visitors, you share? (Choose all that apply)



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Poll Engagement

What might inform home visitors view of coaching as supportive and empowering?
(Choose one)



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Willpower/Motivations

- What are some reasons this is important to you?
- What might help you stay focused?
- How will you know you are moving down the path?



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Pathways for Support

- What might be some options to move forward?
- What steps have you seen others take?
- What might be some new or unique options?



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Professional Development

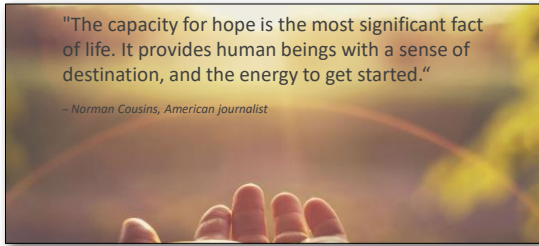


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Nurturing Collective Hope



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Topics Covered in the Book



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Example Questions Answered in the Book



- How do I make sure my responses are culturally sensitive?
- How can I be a better partner to caregivers?
- How can I support families in goal-setting?
- What does an effective feedback cycle look like?
- How do I maintain fidelity to my model while meeting family needs?
- What does coaching look like in ECI?
- How do Reflective Supervision and Coaching relate?

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Contact Information



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