



Strengthening Inclusive Early Childhood Programs with Music Therapy Strategies: The Director's Role in Tuning up Music to Turn on Inclusion

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January 3, 2018

POLL

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TUNING UP MUSIC

HAPPY 2018!

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Enjoyment & Entertainment



Activation & Motivation



Relaxation & Calm Down





FUNCTION OF MUSIC

Kern, 2008


- to **CUE** an activity or event
- to **PROMPT** a sequence of steps
- to **STIMULATE** learning in all developmental areas
- to **DISTRACT** from undesired behaviors
- to **REINFORCE** positive behavior
- to **CREATE** a stimulating or relaxing environment.

POLL

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TURN ON INCLUSION

INCLUSION IN NUMBERS



7.2% Since 1986, quality preschool inclusion is stagnant; only 7.2% increase for children ages 3-5 who are eligible for special education services (ChildCare Aware of America, Division for Early Childhood, & the Ounce, 2017).

22 Between 1975-2009, only 22 articles by a few scholars have been published on inclusion practice and research in music therapy (Brown & Jellison, 2012).

HUMAN RIGHT!



imagine

✱

YOUR DOOR PRICE!

www.imagine.musictherapy.biz

QUALITY INCLUSION

* DEC/NAEYC, 2009



Access
to physical environments
and activities



Participation
in play and learning
opportunities with other peers





Supports
for individuals
providing services



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Through Music Therapy

David

* Kern & Wolery, 2001













This is David, a 3-year-old boy with visual impairments.

Sam

* Kern, 2015





This is Sam, a 5-year-old boy with Pfeiffer Syndrome.

Susie
Kern, 2008



This is Susie, a 3-year-old girl with Cornelia Lange Syndrome.

Phillip
Kern & Aldridge, 2007



Phillip, a 4-year-old boy with Autism Spectrum Disorder.

**EVERYONE CAN
MAKE MUSIC!**



Music Hut Stars

Children at the Frank Porter Graham Child Development Center at UNC at Chapel Hill

INCLUSION ACROSS GENERATIONS

Detmer & Kern, 2017









Intergenerational Music Therapy


PARENT SUPPORTS

* UofL's Early Learning Campus

UofL Music Therapy: MUTH432
Instructor: Dr. Petra Kern
Interns: Selma
Students: Mea and Megan


Family Drumming

on Tuesdays at 5 PM




Benefits of Today's Music Programs

Promote gross motor skills
Enhance active listening
Increase following directions




Music at Home: An Idea for You

Musical Hide & Seek
Play a small hand drum with your child. Hide and play again. Ask the child to find you by following the sound. Switch roles.



Children's Musical Development

4-year-olds display great interest in pounding and banging on instruments.
3-year-olds play with a mallet in a more coordinated way.



Resources to Look Into

Imagine
ParentsCan Series
Food for Thought
Dr. Kern's Ylog Series
Bolton (2014)

IN SUMMARY

* **Music Therapy Service = Related Service under IDEA**

<p style="text-align: center; color: red;">How?</p> <p>Consultation e.g., with early childhood administrators</p> <p>Coaching e.g., with early childhood educators in childcare programs</p> <p>Direct Services e.g., with the child in different environments</p>	<p style="text-align: center; color: red;">What?</p> <p>Environmental Modifications e.g., musical playgrounds; sensory friendly concerts</p> <p>Curriculum Adaptations e.g., circle time activities</p> <p>Systematic Music-Based Strategies e.g., peer-mediated song interventions</p> <p>Music Therapy Interventions e.g., IFSP/IEP goals</p>
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CONSIDERATIONS



TUNE UP MUSIC TO TURN ON INCLUSION

Would music-based interventions support your inclusion programming?

Which service would be best for your staff?

Where can you find a certified music therapist?



Dr. Petra Kern

Questions?

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