

Through Perspective-Taking and Empathy

Presented by
Jacky Howell, MA, Makai Kellogg,
Sabina Zeffler

azspire@gmail.com <https://www.azspire.com>



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Jacky Howell, MA
Consultant, Presenter,
Author

azspire@gmail.com
<https://www.azspire.com>

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"We must use our lives to make the world a better place to live, not just to acquire things. That is what we are put on the earth for." - Dolores Huerta

Makai Kellogg, Lead Teacher,
Equity and Diversity Coordinator
School For Friends

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**Sabina Zeffler,
Education Coordinator,
School for Friends**

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WAITING FOR YOU
--Bev Bos

**We've been waiting for you to come to
this place,
Waiting for you to come to this place,
Wherever you're from,
We're glad that you've come.
We've been waiting for you to come to
this place.**





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**"...It's only when diverse perspectives are
included, respected, and valued that we
can start to get a full picture of the world,
who we serve, what they need, and how to
successfully meet people where they are."
*--Brene Brown, Dare to Lead***

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EMPATHY:
when you empathize with someone you try to see and feel the world from his or her perspective. Your primary feelings are more related to the other person's situation than your own. Research shows that when people are empathetic with someone else's experience, they are more likely to have a positive view of that person or group.

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PERSPECTIVE TAKING:
*"Perspective taking involves skill of discerning how someone else thinks and feels; ...putting aside our own thoughts and feelings, and trying to feel and think as another person must feel and think."
 Ellen Galinsky, Mind in the Making*

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EQUITY:

“All children have the right to equitable learning opportunities that help them achieve their full potential as engaged learners and valued members of society. Thus, all early childhood educators have a professional obligation to advance equity. They can do this best when they are effectively supported by the early learning settings in which they work and when they and their wider communities embrace diversity and full inclusion as strengths, uphold fundamental principles of fairness and justice, and work to eliminate structural inequities that limit equitable learning opportunities. “
NAEYC , Advancing Equity

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*“By ourselves we’re good,
but together we’re much better.
Together we’re much better hand in hand...”*
--Bev Bos

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TODAY’S SESSION

- ** Listen with curiosity, an open mind and heart, and a willingness to experience some discomfort.**
- ** Consider the world we want our children to grow up in, live in, and contribute to in a caring, positive way.**
- ** Remember we have an amazing opportunity and a tremendous responsibility to create relationships and experiences that connect us all.**

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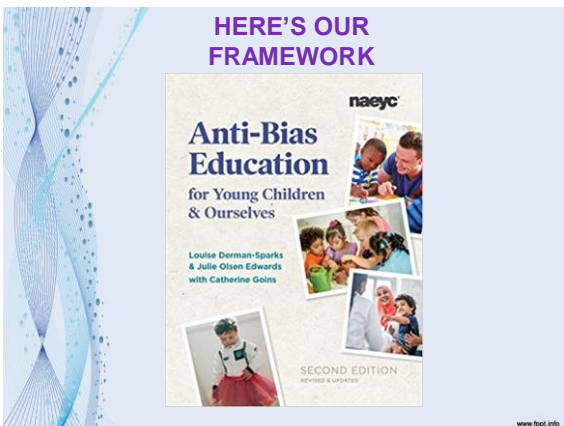
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"When you do anti-bias work with children, their families, your colleagues, and others in the field of early childhood, conflicts may arise from diversity of experiences and differences in ideas about child development, child rearing, educational practice, and political or religious beliefs. View these dissonances as raw material for learning and personal growth. Combined with mutual respect, they open opportunities to explore different perspectives and try out new ideas and behaviors."

—from Anti-Bias Education for Young Children and Ourselves

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BLACK LIVES MATTER GUIDING PRINCIPLES

"KID-FRIENDLY" VERSIONS OF THE 13 PRINCIPLES - by Laleña Garcia

PRINCIPLE	DESCRIPTION
RESTORATIVE JUSTICE	We know that if you hurt somebody, you have to help them feel better; you can't just say, "Sorry," and walk away. We also know that it's important for kids to be able to make a better choice another time, and it's grownup' job to help them make better choices and figure them choices to do better.
EMPATHY	It's so important to think about how other people feel, because different people have different feelings. Sometimes it helps to think about how you would feel if the same thing that happened to your friend happened to you.
LOVING ENGAGEMENT	It's so important to make sure that we are always trying to be fair and peaceful, and to engage with other people (other people) with love. We have to keep practicing this so that we can get better and better at it.
DIVERSITY	Different people do different things and have different feelings. It's so important that we have lots of different kinds of people in our community and that everyone feels safe.
GLOBALISM	Globalism means that we are thinking about all the different people all over the world, and thinking about the ways to keep things fair everywhere.
TRANSSEXUAL AFFIRMING	Everybody has the right to choose their own gender by listening to their own heart and mind. Every one gets to choose if they are a girl or a boy or neither or something else, and do one who gets to choose for them.
QUEER AFFIRMING	Everybody has the right to choose who they love and the kind of family they want by listening to their own heart and mind.
COLLECTIVE VALUE	Everybody is important, and has the right to be safe and happy.
INTERGENERATIONAL	It's important that we have spaces where people of different ages can come together and learn from each other. Another way to say that is intergenerational.
BLACK FAMILIES	There are lots of different kinds of families, what makes a family is that it's people who take care of each other. It's important to make sure that all families feel welcome.
BLACK VILLAGES	There are lots of different kinds of families, what makes a family is that it's people who take care of each other. These people might be related, or maybe they choose to be family together and to take care of each other. Sometimes, when it's lots of families together, it can be called a village.
BLACK WOMEN	There are some people who think that women are less important than men. We know that all people are important and have the right to be safe and talk about their feelings.
UNAPOLOGETICALLY BLACK	The affirmation that Black Lives Matter and that our love, and desire for justice and freedom are prerequisites for everything that for others. These principles are the keystone for healing and do not include nor do they support ignoring or sanitizing the ugliness and discomfort that comes with dealing with race and anti-racism issues. For kids: "There are lots of different kinds of people and one way that we're different is the color of our skin. It's important to make sure that all people are treated fairly, and that white me, and lots of other people all over the country and the world are one part of the Black Lives Matter movement."

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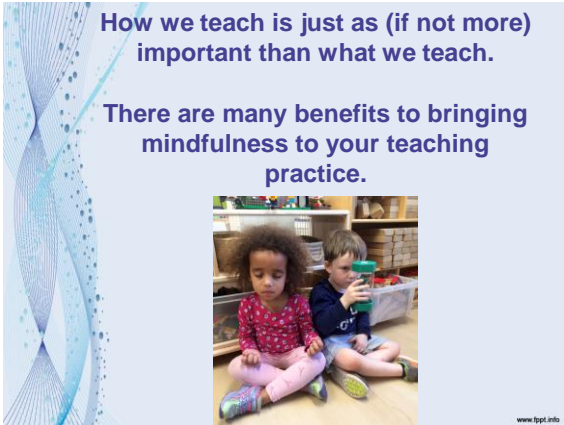
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Storytelling helps us not only see the world through another person's eyes, but it also taps into our own emotions as we experience the story and activates our care for others' wellbeing. Quite simply, storytelling humanizes us to one another.

[Maria Morukian](#)



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**CHILDREN...
"HOW DOES YOUR STORY
START?"**


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**TELLING STORIES WITH
DIFFERENT PERSPECTIVES**

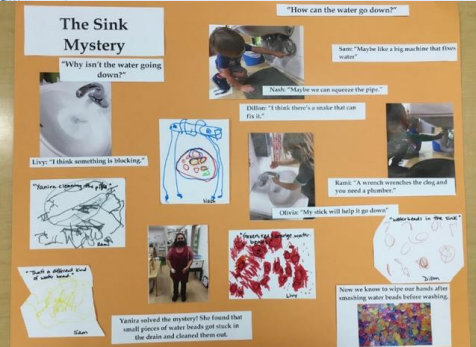
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Perspective taking means acknowledging and experiencing the world through the lived experiences of another person. **Perspective taking** requires us to engage in empathy. And **storytelling** can tap into three critical components of empathy: intellectual empathy, emotional empathy, and empathic concern.

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The Sink Mystery

"Why isn't the water going down?"

"How can the water go down?"

Sam: "Maybe like a big machine that flows water?"

Frank: "Maybe we can separate the pipes."

William: "I think there's a snake that can fix it."

Lucy: "I think something is blocking."

Rainie: "A wrench wrenches the plug and you need a plumber."

Oliver: "My stick will help it go down."

"Water is leaking out of the sink."

"Water is leaking out of the sink."

Yanika solved the mystery! She found that small pieces of water beads got stuck in the drain and cleared them out.

Now we know to wipe our hands after washing water beads before washing.

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CIRCLE OF COMMUNICATION

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CHILDREN INSPIRING CHILDREN...

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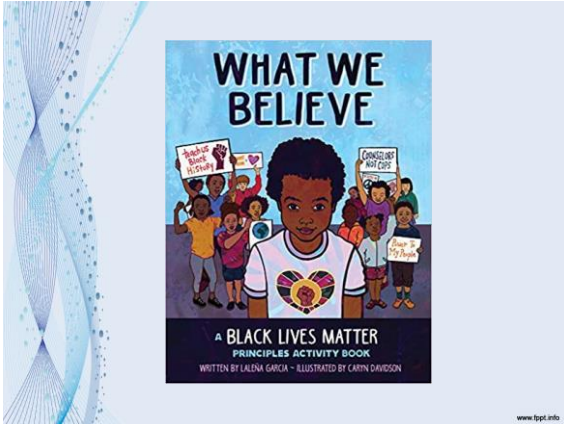
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<https://makaisecee.wordpress.com/blog/>

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I LOVE YOU DINNER

A traditional family event co-created with the children, is the "I Love You Dinner".

Children write invitations, make a menu, go grocery shopping, decorate the room, pick songs to sing, cook all the food, and serve their families.

Sam is shopping with Daniel and Sara.

CREATING MEANINGFUL RITUALS & TRADITIONS

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ROUTINES:

Routines are events that regularly occur in a certain order. Routines help children learn the order of what happens during the day and to know what comes next in a day.

RITUALS:

"Rituals are procedures or routines that are infused with deeper meaning. They help make common experiences uncommon events" (Deal & Peterson 1999, 32).

TRADITIONS:

Traditions are meaningful events or experiences that a class or program has created and that are expected to occur regularly.

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LOOK INSIDE!

I LOVE YOU RITUALS

Fun Activities for Parents and Children That Build Self-Regulation, Emotional Learning and Family Connection through shared experiences. A guidebook of activities from

BECKY A. BAILEY, Ph.D.

Rituals and Traditions

Building a Sense of Community in Preschool

I LOVE YOU RITUALS
Dr. Becky Bailey

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CARING FOR A PET: FRANK!!



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WNBA PLAYERS ARE TRYING TO FIND THEIR VOICE IN **SO**CIAL JUSTICE THAT IS GOING ON. IT'S EMBEDDED IN **EVERYTHING** THAT WE DO, BEING THAT OUR LEAGUE IS CLOSE TO 80-PERCENT BLACK WOMEN. WE KNOW THE **POWER** THAT COMES WITH USING OUR VOICE AND WE WANT TO ENCOURAGE EVERYONE TO **STAND UP** AND **BE HEARD**.

GGGG
Ariel Atkins



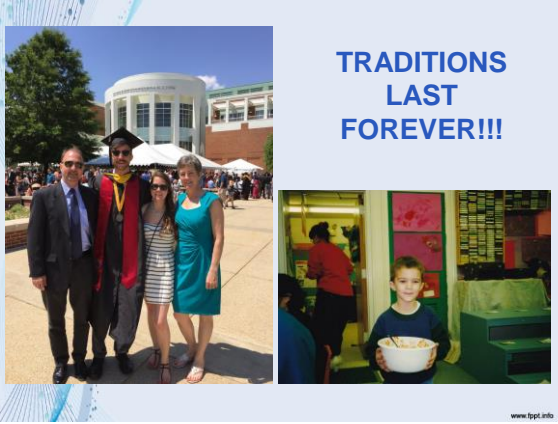
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**TRADITIONS
LAST
FOREVER!!!**

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“ What you do makes a difference, and you have to decide what kind of difference you want to make. ”

- Jane Goodall

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**THANK YOU for attending the webinar!
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AND CONSULTING AT:
azspire@gmail.com
<https://www.azspire.com/>**

Makai's blog is
www.makaisecee.wordpress.com

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"I really rebel against this idea that politics has to be a place full of ego and where you're constantly focused on scoring hits against each one another. Yes, we need a robust democracy, but you can be strong, and you can be kind."

Jacinda Ardern
The Female Lead

There is no doubt that the leadership of Jacinda Ardern has had a powerful impact on our country. It's not just that she's lead us strongly through Covid_19 but also the challenges of the Christchurch terror attacks as well as Whakaari White island eruption. Jacinda brings to her role as Prime Minister empathy, kindness as well as a powerful drive to transform!! The first term has been filled with extraordinary events and challenges. Now looking forward to a focus on social justice, time now to focus on the injustices that face so many in our society. To focus on child poverty, inequality and climate change. To build a better world. I wish this government all the best and I'm very excited by the strong mandate they have been given. I am so grateful to be a New Zealander!!
--Wendy Lee

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